

HELPING HAITI FUN RUN

**Run, Jog, or Walk 5k or 1 mile
in aid of victims of the Haiti earthquake
Valley Gardens Sunday 7th February 1pm**

Enjoy a scenic course around the Valley Gardens, Harrogate.
Suitable for all the family.

£10 adults £5 children
Cheques payable to: Ian Rowbotham
Entrants are encouraged to raise
as much sponsorship as possible.
Please donate any funds raised to:
Merlin - Medical Relief International
via www.merlin.org.uk

Entries to,
Ian Rowbotham
c/o Up & Running
16 Station Parade
Harrogate
HG1 1UE

or complete and take to the event

Race numbers will be issued at the event centre:-
Windsor House, Cornwall Rd. (opposite the Pavilions) from 12 noon

Enquiries telephone 07798837334

Race entered 5K () 1 Miler ()

Surname

First name email

Address

Postcode Date of Birth Age on race day M / F

contact tel no: day..... evening:

I enclose entry fee of and optional donation of

I am a UK taxpayer and would like you to treat my
optional donation under the terms and conditions of gift aid (delete if inapplicable).

I wish to enter the above race, and I certify that I agree that the organisers cannot be held responsible for any loss of property or injury or illness incurred to my person during or as a result of my participating in the race referred to on this entry form.

The minimum age for the 5K is 13. All children should be accompanied by an adult.

Signed Date.....